

Canfitpro Natural Championships
Saturday, August 17, 2019

PLEASE NOTE THESE ARE APPROXIMATE

Prejudge and Finals Schedule

10:00 am – Fitness Routines
Women's Open Fitness

10:10 am – Prejudge and Posing
Men's Bodybuilding Junior (under 23 years)
Men's Bodybuilding Masters (50 years of age and over)
Men's Bodybuilding Masters (40 years of age & over)

10:20 am - Awards
Women's Open Fitness

10:25 am - Prejudge and Posing
Men's Bodybuilding Light Weight (up to and including 165 ¼ lbs)
Men's Bodybuilding Middle Weight (over 165 ¼ lbs to 187 ¼)
Men's Bodybuilding Heavy Weight (over 187 ¼ lbs.)

10:45 am – Awards
Men's Bodybuilding Junior (under 23 years of age)
Men's Bodybuilding Masters (50 years of age and over)
Men's Bodybuilding Masters (40 years of age & over)

10:50 am -Prejudge and Posing
Men's Classic Physique Masters (40 years of age and over)
Men's Classic Physique A (up to and including 5'9")
Men's Classic Physique B (over 5'9")

11:10 am - Awards
Men's Bodybuilding Light Weight (up to and including 165 ¼ lbs)
Men's Bodybuilding Middle Weight (over 165 ¼ lbs to 187 ¼)
Men's Bodybuilding Heavy Weight (over 187 ¼ lbs.)

11:20 am - Overall Men's Open Bodybuilding

11:30 am – Awards
Men's Classic Physique Masters (40 years of age and over)
Men's Classic Physique A (up to and including 5'9")
Men's Classic Physique B (over 5'9")

11:40 am – Men's Classic Physique Overall

Intermission

PLEASE NOTE THESE TIMES ARE APPROXIMATE

1:00 pm - (Prejudge and Presentation)
Men's Physique Novice
Men's Junior Physique (under 23 years)

Men's Physique Masters (40 years of age and over)
Men's Physique A (up to and including 5'7")
Men's Physique B (Over 5'7 up to and including 5'10)
Men's Physique C (Over 5'10')

1:45 pm – (Prejudge and Presentation)
Women's Physique
Women's Physique Masters (35 years and over)

2:00 pm - Awards
Men's Physique Novice
Men's Junior Physique (under 23 years)
Men's Physique Masters (40 years of age and over)
Men's Physique A (up to and including 5'7")
Men's Physique B (Over 5'7 up to and including 5'10)
Men's Physique C (Over 5'10')

2:10 pm – Prejudge and Presentation
Figure Masters (45 years and over)
Figure Masters (35 years and over)

2:20 pm – Awards
Women's Physique
Women's Physique Masters (35 years and over)

2:25 pm – Prejudge and Presentation
Figure A (up to and including 5'4")
Figure B (Over 5'6")

2:35 pm – Awards
Figure Masters (45 years and over)
Figure Masters (35 years and over)

2:40 pm – Prejudge and Presentation
Bikini Masters (45 years and over)
Bikini Masters (35 years and over)

2:50 pm – Awards
Figure A (up to and including 5'4")
Figure B (Over 5'6")

3:00 pm – Overall Figure

3:10 pm – Prejudge and Presentation
Bikini Novice
Bikini A (up to and including 5'2")
Bikini B (Over 5'2" and up to and including 5'4")
Bikini C (Over 5'4" and up to and including 5'6")
Bikini D (Over 5'6")

3:30 pm - Awards
Bikini Masters (45 years and over)
Bikini Masters Short (35 years and over)

3:35 pm – Awards
Bikini Novice

Bikini A (up to and including 5'2")
Bikini B (Over 5'2" and up to and including 5'4")
Bikini C (Over 5'4" and up to and including 5'6")
Bikini D (Over 5'6")

3:45 pm - Overall Bikini